# ILS LEARNING CORP'S STUDY TIPS

# Find the right place to study

Finding the right place to study is crucial. For most this means a quiet, well-light spot that is free of distractions.



### **Time Management**

Are you planning to succeed? Part of this means setting up a reasonable schedule to accomplish your study objectives. Any schedule that leaves tasks to the last minute tempts fate and increases the risk that the unforeseen will spoil your concentration and plans.

# Accommodate your particular learning styles

There are three main learning styles, visual, auditory and hands-on. The majority learn best visually. Understanding how you learn best will help you plan your study efforts.



# Improving understanding and memory

Do you find it difficult to understand a particular concept? The best way to overcome this is to learn more about the subject through other means. Enter the appropriate terms (e.g. "insurance terms") into your search engine and read some of the material returned. Reading more about a particular subject will also help you retain this in your memory.

## Dealing with test anxiety

Being prepared is the best way to cope with exam stress. This means planning everything from the sleep you will get the night before to the procedures faced as you prepare to write the test. Walk yourself through the entire process beforehand so there are few, if any, surprises.





### Devise a strategy for test taking

Do you think the best coaches go into a game without a strategy to succeed? You will want to do the same. Sit down and plan how you intend to succeed. Anticipate the challenges, make lists, be thorough. Do not leave anything to chance, plan to succeed.

### Be positive

Sounds simple doesn't? However, becoming positive requires effort. It means going over the material again and again until you feel confident in your ability to master the process.



You can and you will!

